

# Carlyon Beach Community News

## March 2024

Find us at the end of the Rainbow (or around the corner down by the park and waterfront)  
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Website: [www.carlyonbeachhoa.com](http://www.carlyonbeachhoa.com)

Office Hours: Monday – Friday 10:00 am to 4:30 pm – The office is closed from 12:00 – 1:00 pm for Lunch.

### 2024 COMMUNITY EVENTS

<b>Board Workshop</b> 3 <sup>rd</sup> Tuesday of the month <b>6:00 pm</b>
<b>Board Meeting</b> 4 <sup>th</sup> Tuesday of the month <b>6:00 pm</b>
<b>Exercise Classes</b> Tuesday & Thursday <b>10 – 11 am</b>
<b>Seated Exercise Classes:</b> Tuesday & Thursday <b>11:15 – 12 pm</b>
<b>Meditation Monday evenings at 6 pm CLUBHOUSE</b> <b>March 11</b> Enjoy a crystal bowl chakra meditation
<b>Wednesday March 6, 12:30</b> Koffee Klatch at the Clubhouse
<b>Tuesday March 12, 1 pm</b> Events Meeting
<b>Friday March 15 6-8pm</b> Senior Social
<b>Saturday March 16, 1pm</b> Easter BONNET Making at the Clubhouse
<b>Friday March 22</b> Easter EGG Stuffing <b>PLEASE COME HELP 5pm</b> Clubhouse
<b>Saturday March 23<sup>rd</sup></b> Easter Bonnet Parade <b>12:30</b> Easter Egg Hunt <b>1pm</b>
<i>The Leprechauns made me do it!</i>

#### Message from the President:

Lots to do, lots to do!

Over the next couple of months, there are many things that you can do to participate in the workings of your neighborhood.

**Consider running for the Board of Trustees** – There are four (4) vacancies to fill this year. You may have some skills that would be put to good use by volunteering. The commitment is for 2 years. The positions are strictly voluntary. Trustees work anywhere from 5 - ?? hours a month. Each trustee is assigned a managerial responsibility to oversee. You can find the application form and some helpful information about running for one of the open positions on the website or at the office. Think about it. **Applications are due in the office or by email by 4:30 pm on April 1, 2024 (no joke).**

Each year we request input from the community to suggest amendments to the bylaws. Our bylaws are undergoing some major revisions this year to make sure we are aligned with RCW 64.38 which provides consistent laws regarding the legal administration of HOAs. Forms and bylaw information is available on the website and at the office. The board reviews all proposals and then forwards them to the attorney for review. **Proposals are due in the office or by email by 4:30 pm on March 15, 2024.**

Several committees are forming or expanding right now. CBHA needs to run like a small town. A small commitment of your time can help keep things running smoothly. The more participation we have from our members, the better we can serve the entire community.

### **Parks and Recreation:**

Our parks committee is working on updating the guidance for the use of our park. The focus is to ensure we protect our assets for future use.

New clubhouse users and rental forms are available on our webpage.

The construction repair on our Wanigan is almost complete. We are looking at full use starting in April.

Senior Social, March 15, 6:00-8:00

Several people have said they would like to connect with other older members to visit and organize game afternoons or nights.

Please come visit and join us for a couple hours on March 15th. The Parks committee will provide coffee and snacks. Please feel free to bring your own beverage.

### **KOFFEE KLATCH**

Koffee Klatch will be Wednesday March 6 at 12:30 and the first WEDNESDAY OF EACH MONTH after that. We will be starting at **12:30** and ending no later than **2:30**. Come and go when you can. All are welcome no matter your age. There are always various treats, including homemade.

HOPE TO SEE YOU THERE! SHARON HARRIS AND CLAUDIA AUFANG (EVENTS COMMITTEE)

### **From The Office:**

**2024 Parking Passes are now available.**

**Lost and Found: We have accumulated a few things in the lost and found from 2023. Some beach towels, glasses, a bracelet (must describe to retrieve), a watch and a few more items. If you have lost anything please come check the lost and found, it will be donated or tossed out soon. Please stop by in lieu of calling to inquire.**

## Meditation Mondays

Join Tina on Monday evenings for guided meditation at 6 pm in the Clubhouse.

Bring a yoga mat or thick blanket to lay on, a pillow and blanket to cover up with or a zero-gravity chair, pillow, and blanket. Folding chairs will be available for those who prefer to sit up. Dress warm, as we relax, our bodies can occasionally cool down.

For more information or to RSVP call, Tina Kebow 760-420-8523

Monday March 11<sup>th</sup> join Tianne for a guided, sound, and meditative journey through the Chakras, releasing and healing through sound and intention. 6pm Clubhouse

Medical News Today shares this: Sound baths are a meditative practice involving the use of resonant music. This creates an immersive sound that fills the room and the body, aiming to help people relax and let go of stress, anxiety, or other worries and concerns.

T-SHIRTS are available at CBHA Office \$20

## RECIPES, RECIPES, RECIPES!



**The Events Group is planning to compile a cookbook featuring favorite recipes from our community members along with anecdotes about our community.**

**BUT....**

**WE NEED YOUR HELP by providing the recipes for this community cookbook.**

that we hope to have for sale for Christmas this year. A box is at the clubhouse so you can drop off the recipes. Any type of recipe is great – breakfast, lunch, dinner, desserts, main dishes, sides, or snacks or Hord 'oeuvres.

Call Colleen Weston – 206-755-9367 for any questions.

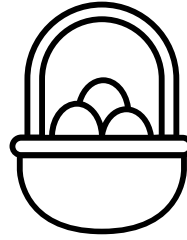
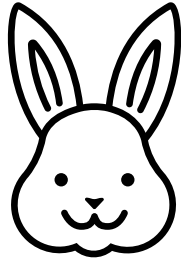
**LET'S GET THOSE RECIPES IN!!!!**

## CANDY NEEDED!

Candy is needed for stuffing the plastic eggs for our community Easter Egg Hunt. They should be small, wrapped, candy and preferably no chocolate. The candy can be dropped off at the clubhouse before March 22. Then join in the fun and help stuff eggs at 5:00 on March 22

And get your Crazy or Pretty Bonnets ready for the Parade!! Prizes will be awarded!





## **EASTER EVENTS**

Easter is Only a Month Away!



### **EASTER EGG HUNT! & EASTER BONNET CONTEST AND PARADE**

We will be doing Our annual Easter Egg Hunt on Saturday March 23, 2024, at 1:00 and the Easter Bonnet Parade at 12:30. Egg stuffing will be Friday March 22 at 5:00. Bonnet making session will be at the clubhouse on March 16 at 1:00 if you need ideas or supplies to decorate your bonnet!

### **Events Group Informative Events**

The Events Group regrettably had to cancel all informative events that had been scheduled for January, February, and March. We are a small group and can only chair and host so many events each year with the members we have. We apologize for any inconvenience that these cancellations caused. We will try to reschedule at least the history of our area event, that had been scheduled for February.

If we want more events – information or entertainment or just plain fun- we need to increase the size of our group. Please come and join us!

Colleen Weston –Events Group Chair

206-755-9367 or [dragonfly@jonav.net](mailto:dragonfly@jonav.net)

### **Events Group Doings**

Come check out the kitchen in the clubhouse! We have added cabinets for more storage. The Events Group bought the cabinets and volunteers from the community installed them and rearranged the kitchen. Thanks to everyone who helped with the project!!!

Also the Events Group purchased a Commercial sink and portable on demand hot water heater for the wanigan. We can now meet the health department's requirements for serving food. Hooray!!

If anyone would like to donate to help defray the cost of the above items for the wanigan, it would be greatly appreciated. All monies from our events go back into projects to benefit the community.

For more information Call Colleen Weston, Events Group Chair

206-755-9367